00000Gladewater High School 9 - 12 Grade

CYCLE WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Slider	Breakfast on a Bun Or Breakfast Omlet	Breakfast Pizza	Pancake on a Stick	Biscuit/Sausage Patty
OR	OR	OR	OR	OR
Cereal/Jungle Crackers	Cereal/Goldfish	Cereal/ Cheese Stick	Cereal/Jungle Crackers	Cereal/Graham Cracker
Apple	Mandarin Oranges	Peaches	Applesauce	Orange
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Milk	Milk	Milk	Milk	Milk
CYCLE WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pop Tart	French Toast	Dutch Waffle	Crispito	Breakfast Yogurt/Graham Cracker
OR	OR	OR	OR	OR
Cereal/Jungle Crackers	Cereal/Cheezits	Cereal/ Cheese Stick	Cereal/Bug Bites	Cereal/Graham Cracker
Pineapple	Peaches	Raisins	Apples	Pears
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Milk	Milk	Milk	Milk	Milk
CYCLE WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Taco / Hash Browns	Donuts Holes Or Donuts	Breakfast Pizza	Cinnamon Bun Or Honey Bun	Biscuit/Sausage Patty/Egg Patty
OR	OR	OR	OR	OR
Cereal/Jungle Crackers	Cereal/Gold Fish	Cereal/ Cheese Stick	Cereal/Jungle Crackers	Cereal/Graham Cracker
Banana	Applesauce	Mandarin Oranges	Pineapple	Apple
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Milk	Milk	Milk	Milk	Milk
CYCLE WEEK 4				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pancakes	Morning Spring Roll or Bagel	Muffin	Dutch Waffle	Biscuit/Sausage Patty/Egg Patty
OR	OR	OR	OR	OR
Cereal/Bug Bites	Cereal/Cheezits	Cereal/ Cheese Stick	Cereal/Jungle Crackers	Cereal/Graham Cracker
Peaches	Pears	Applesauce	Pineapple	Mixed Fruit
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Milk	Milk	Milk	Milk	Milk

MENU SUBJECT TO CHANGE DUE TO UNCERTAIN VENDOR DELIVERIES

VARIETY OF MILK OFFERED DAILY

Breakfast is free to students.

"This product was funded by USDA."

"This institution is an equal opportunity provider."